



Executive Officers

Marie Sluberski
Auxiliary President & Foundation Liaison

Vicki Heebner
1st Vice President

Marge Carter
Recording Secretary

Dan Borawski
Treasurer

Lynne Dubler
Past President



Branch President/VP

Dot Niwinski/
Sonja Hipple
Cape May

Sharon Cooper
M.A.S.H.

Theresa Williams/
Delores Ambruso
Greater Wildwood

Lynne Dubler
TWIGS Liaison



Wilda Richardson
Nominating Committee

Mary Ebley
Membership/Sunshine

Susan Handron
Scholarship

Annette Scully
EtCetera Shops

Dot Niwinski
Vendor Sales

Julie Paoella
Dir. Of Volunteer Svcs. Auxiliary Liaison

Kris Poole
Newsletter Editor/Web

From the President's Pen:



Hello Summer, welcome hot weather and sunny days.

As we take our vacation from the Auxiliary Board until September, let's remember that we still have our vendor sales going on and some auxiliary branches still have their final lunch meetings to attend.

On May 25th we launched our 50/50 raffle fundraiser at the hospital golf tournament; 15 tickets were sold that day.

Our sincere thanks to Auxiliary Board members Marge Carter, Susan Handron, and Dan Borawski for their great job in getting this raffle ready and for working during the tournament to sell tickets.

To our members, please promote the raffle -- talk to friends and family members and ask them to purchase tickets. This fundraiser will benefit the Brodesser Cancer Center and is part of our \$1 million dollar pledge.

Tickets will be available for sale at both Etcetera Shops; additionally, each branch president will have tickets. You can call them to arrange delivery.

If all of the tickets are sold (a total of 400 tickets) the prizes will be as follows: 1st prize of \$15,000 dollars; 2nd prize \$3,000 dollars; and 3rd prize of \$2,000 dollars, for a total of \$20,000 in prize money.

The drawing will take place during our annual member's luncheon on November 2nd at Avalon Links on Route 9 in Avalon.

We are all very excited about this fundraiser. Let's work together to make this a complete success!

God bless,

Marie

Volunteer Update



WALK THIS WAY!

If you have a three to four hour time slot available on a weekly basis and are able to provide volunteer service as an Errand Volunteer, we have the perfect active assignment for you!

The Errand Volunteer assignment involves walking throughout the hospital to attend to errands from the various departments; the requests are called into the Volunteer Workroom, and shift-assigned volunteers then perform the tasks – including discharge of patients by wheelchair. This is a GREAT way to get in those steps in a cool environment as you help with the discharging of patients and interacting with patients, peer volunteers and staff.

Please call Julie Paoella at 609-463-2367 if you are interested in this Errand Volunteer assignment; she will arrange for a convenient interview and get you cleared promptly!

Cape May Branch Activities:

Cape May branch has had several successful meetings this quarter. We thank our members for their support of our luncheons and look forward to receiving feedback from our meetings as well as suggestions for future events.

In April, we met at the Saltwater Café for a luncheon and speaker. Chris Curley, an Acupuncturist in Cape May Court House, presented an informative talk regarding the history and efficacy of acupuncture.

On May 16th we held our annual Card Party & Game Day luncheon at the Grand Hotel. We had slightly more than fifty attendees and raised over \$1,000! In addition to ticket sales, monies were raised from a 50-50 sale as well as a Silent Auction. We had over twenty-five baskets in the raffle; some items were donated by local businesses while others were provided by members of the auxiliary. Thanks to Sharon Teaney, Sonja Hipple and their busy team of volunteers for arranging this wonderful event.

We will be taking a break over the summer period, with our next luncheon scheduled for September 26th at Lucky Bones Restaurant in Cape May. Watch for more information and sign-up details on our web at www.crmcauxiliary.org



CM Members Sharon Teaney, Mary Ann Mosso and Dawn Brautigam arrive ready for fun at the 2017 Card & Game Party.



Mary Ann Mosso looks over the raffle table while co-chairmen Sonja Hipple (L) and Sharon Teaney look on.



There were over 40 raffle baskets and gift bags in the silent auction! Thanks to all who contributed.



Guests enjoying the card and game time prior to the delicious luncheon served by the Grand staff.



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Cape May members modeling fashions they've all purchased from The Etcetera Shops! Casual, inexpensive chic!



Auxiliary 1st VP Vicki Heebner enjoying her wins; she also won the 50-50 raffle and graciously donated it back to the Auxiliary.

Get to Know the Auxiliary Board of Directors!



There have been a lot of questions and also some confusion about the Executive Board of Directors -- what is their function? What is it that they do? Serving on a nonprofit Board of Directors entails the responsibility for governance and support. The governance is defined by who is the boss? How does the Board act- as a body or as individual board members? Who is the Board representing?

The CRMC Auxiliary Board has a leader, not a boss. The leader is the President, who works together with the other Executive Directors as a committee. Currently, Marie Sluberski is our President; a new President will take office at the December Board meeting. The executive committee is organized with designated positions that include; President, 1st Vice President, 2nd Vice President, Treasurer, Secretary and Past President. Even though the Executive committee is charged with the governance, the auxiliary's decisions are voted on by the entire body – the Board of Directors. The Board consists of the Executive Committee, the Branch presidents/vice presidents, and the other committee directors as designated by the auxiliary's bylaws. The bylaws are adopted and modified by the entire Auxiliary membership at the annual meeting in November.

The governing of the auxiliary entails fiduciary responsibilities that include: Legal – following appropriate laws, statutes, and bylaw; Financial- safeguard assets from waste and misuse; Revenue & Fundraising- approve strategies and monitor effectiveness; Planning- scrutinize and approve overall strategies help create priorities; and Oversight- monitor budgets, mission, and purpose of strategies to maximize use of resources.

Support for the Board is defined by the many roles necessary to sustain the Auxiliary, which include: Advice-sharing your talents and knowledge to offer guidance; Revenue support- help to assist and develop fundraising strategies; Ambassadors- act as public face to enhance the auxiliary's image and further its mission; and Volunteering- attending meetings, events, volunteering time and committee work on behalf of the auxiliary.

The President of the auxiliary is the leader. In the president's absence, the vice presidents will step up and assume the leadership role. The vice presidents are presidents "in training." They are assisted by the immediate past president, members of the executive team, the president/vice president of the branches and board members as outlined in the bylaws.

This sounds like a very formal procedure and a bit scary; however, it is simply a process, just like the tasks that you probably do on a daily basis. Each of us takes on these roles in our daily lives, as we use governance (leadership, rules and regulations) and support (advice from friends and family, gift of our time) to help us be organized and efficient. If you find that you have some time to share some of your talent, knowledge and advice to serve on the executive team, please contact one of the members of the Board of Directors.

Thank you for all that you do to make the CRMC Auxiliary a success!

Members Corner:



The Cape May Regional Auxiliary welcomes Catherine Smith, of Cape May Court House, to the Auxiliary. Catherine is a new member of the M.A.S.H branch. We look forward to working with you, Catherine!

Membership dues for 2017 are due by the end of June. We're running a little behind, and there are quite a few outstanding memberships still due. Please send your check ASAP to Mary Ebley, Membership Committee, 971 Lenape Drive, Cape May, NJ 08204.

Our current policy is to delete from the Auxiliary rolls any member two years or more delinquent in dues. Make sure YOU don't get deleted!!



TWIGS Luncheon
 Summer Lunch & Chat!



302 96th St, Stone Harbor
 Noon, on Tuesday, 08/15
 RSVP to Lynne Dubler
 609-517-3859

For questions about 2017 Vendor Sales scheduling,
 call Dot Niwinski at 898-9559

2017 CRMC Auxiliary Vendor Sales		
<u>Date</u>	<u>Vendor</u>	<u>Host</u>
Sept 21 & 22	Advance Uniforms	Cape May
Oct 26 & 27	Linen Masters	MASH
Nov 30 & Dec 1	Books 'r Fun	Wildwood

[CRMC Opens New Urgent Care Center!](#)

A closed Pizza Hut in Wildwood has been repurposed to serve the needs of ill and injured Wildwood residents. The former Pizza Hut at 406 West Rio Grande Ave. opened on May 11th to provide walk-in clinic services for residents as well as people vacationing in the area. The clinic provides a low-cost and timely alternative to visiting the emergency room, providing quick and effective medical care for people living in or visiting our area.



Each Cape Regional Urgent Care walk in clinic provides care for the following non-life-threatening conditions:

- Injuries, including scrapes, cuts, minor burns, and fractures
- Illnesses, including allergy issues and sinusitis, as well influenza and the common cold
- Skin irritation problems, including sunburns, hives, and insect bites

No matter why a patient walks through our doors, they can be certain that they will receive thorough medical treatment from experienced physicians, who have been treating patients for an average of 15 to 20 years. Plus, we never require an appointment, and our clinics are open every day of the week, from 9 a.m. to 8 p.m., making it easy to get the high quality of care that all patients deserve on a schedule that works for them.

If you have questions about our walk in clinic, contact Cape Regional Urgent Care today. We're proud to provide people who are visiting or who live in the North Wildwood area with expert medical care at their utmost convenience. .

[Summer Health Alert!](#)

With warm weather finally upon us, we're spending more time outdoors, whether we're gardening, hiking, camping or just enjoying the fresh air. To a lot of us, that means more exposure to trees, brush and tall grasses. And that means more possibility of tick bites! While a tick bite can be serious, there are ways to minimize both your exposure and the result. The best part of that is being aware. Whenever you come in from outdoors, check around your ankles and lower legs for ticks. If you've been sitting or laying, it's best to check all over, especially the areas around your hairline and behind your ears. Check your animals, too, because they may bring ticks in, and now you've got ticks in the house.

The Health Library on the Cape Regional website offers some good information on how to not only prevent your exposure, but how to screen for, and in the small likelihood you find one, the best way to remove it. Surprisingly, alcohol or petrolatum jelly are NOT among the recommended methods.

So go to the Education & Resources tab on the website, click on Health Library, and there'll you find the article and information on ticks. They may be little, but they can do a powerful lot of harm to our systems!

50/50 Raffle

1st Prize - \$15,000
2nd Prize - \$3,000
3rd Prize - \$2,000

Cost: \$100 (only 400 tickets sold)

PROCEEDS BENEFIT THE BRODESSER
CANCER CENTER

Drawing to be held at our annual Cape Regional Auxiliary Luncheon on November 2, 2017 at the Avalon Links, 1510 US Rt. 9, Cape May Court House, NJ. Winner need not be present to win.

For tickets, please contact any Cape Regional Auxiliary Member or visit one of the following locations:

EtCetera Thrift Shop Acme/Staples Shopping Center Cape May Court House, NJ	EtCetera Thrift Shop Acme/Big Lots Shopping Center North Cape May, NJ
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609.463.2367 | crauxiliary.org

2017 Auxiliary Fund Raiser

Good news for Employee raffle sales: Tom Piratzky has arranged with the payroll department at CRMC to have payroll deduction for the next two months for the raffle sale. Tickets will be on sale at the hospital starting July 6th in the Foundation office from 2 pm to 4 pm and continuing every other Thursday until the end of August, and starting July 13th in the Cafeteria from 11 am to 1:30 pm and continuing every other Thursday until the end of August.

If you have raffle tickets for sale, please return monies and stubs from the person you received the tickets from; they are responsible for your numbers. If someone wants to purchase a ticket with a credit card, they can buy it at one of The EtCetera Shops; ask them to put your name down as seller. The EtCetera Shop is the only credit venue. If someone wants to pay with a check, write their phone number on the check. We would prefer not to accept checks from out-of-towners, unless you know them.

Sold tickets can be returned to Marge Carter for deposit and you can get more tickets from her if needed; Sue Handron has tickets and can make deposits as well. Just call Marge (609-898-8904) or email (RVMarge1@comcast.net) and she'll make arrangements to meet with you for the exchange. Have a great summer and happy sales!



Save the Date - 7 Mile Island Home & Health Show and Designer House Tour

Saturday, August 12th | Avalon Elementary School

Designer House Tour Tickets (\$30 per person)

go on sale Fourth of July Weekend.

For more information, please call

Cape Regional Foundation

at [609-463-4040](tel:609-463-4040).

2017 Seven-Mile Home & Health Show

The 2017 Seven-Mile Home and Health Show will take place on Saturday, August 12th in the Avalon Elementary school. At the Health Show, explore the exhibits and benefit from free health screenings—all in an informal setting where you can interact with healthcare professionals and receive individualized attention to specific questions and needs. Take advantage of the numerous opportunities to learn about the various services that Cape Regional Health System is offering. From 9 a.m. until 1 p.m., Cape Regional's primary care physicians, surgeons, specialists, and professionals from various state-of-the-art facilities will be on-hand to talk with guests at "The Doctor Is In" exhibits.

At the Home Show, please feel free to stop by to meet vendors from our local area and gather ideas for your home. They will be glad to discuss your home projects and perhaps set up an onsite appointment.

The Foundation is still looking for volunteers for the Home Show. Multiple hosts and hostesses are required for each property in order to maintain the flow of visitors throughout the home. If you would like to volunteer for a morning or afternoon session, please call the Foundation office at 609-463-4040.

Wildwood Branch News



Our Wildwood Branch will be having our Luncheon/Meeting at the Port Royal Restaurant in Wildwood Crest on June 21st.

Our Fuzzy Friends have been selling far ahead of the amount sold at this time last year. We have added a few new sellers and they are doing a fantastic job. We will be delivering animals for the next few months and hope to surpass previous totals.

Vendor Sales



In May, our vendor, Books 'R Fun, helped us to raise \$760 for the Auxiliary. We had a good two-day turnout, and look forward to welcoming them again in December.

The results for our June vendor, Masquerade, will be reported in the next newsletter.

Our Auxiliary conducts Vendor Sales throughout the year at which each branch takes a turn providing the volunteers to help with the Payroll Deduction Forms for the hospital employees. The sales offer something for everyone and we (usually) receive 20% of the vendor's sales. The 20% is donated to our hospital and helps our auxiliary reduce our \$1,000,00 pledge. I thank all of the volunteers who make this endeavor possible.

Although I enjoy scheduling the vendors and doing the paper work for this fundraiser, it would be great to have someone to assist me. If anyone is interested in working with me, please call me at [609 898 9559](tel:6098989559) or email me at ddniwinski@comcast.net. The work can be done on your own time, there are no definite dates. Thanks, Dot Niwinski.

Scholarship News



Each year the CRMC Auxiliary awards scholarship monies to Cape May County high school seniors pursuing a career in the healthcare industry. In early May the Scholarship Committee, comprised of Anne Burrows, MaryAnn Mosso and Susan Handron, conducted individual interviews with each applicant for this year's scholarships. Each applicant is judged based on academic achievement, extra-curricular and community activities, and financial need. Scholarship amounts vary based on the number of applicants and their worthiness.

This year scholarships were awarded to the following:

Ocean City High School: Alyssa Altieri, Isabella Gilhooley, Shannon Gill, Abigail Hackett, Jane Hadley, Taylor Mason, Aleva Parker, Alexandria Pursglove, Devon Raab, Jared Schiavone, Jason Schiavone, Jasmine Sham, Casey Sigmund, and Gina Witasick.

Middle Twp. High School: Richard Cahill, Montanna Gallagher, Leah Nagle, Maribeth Novsak, Zack Thomas and Rachel Wade.

Cape May Tech: Aubrianna Borger

Wildwood High School: Maria Menjivar and Kayla Williams.

Wildwood Catholic: Alicia Forrest

The entire Auxiliary wishes each of these awardees much success in the pursuit of their healthcare career.

Summer Time at The Etcetera Shops!



Don't forget to check out our two Etcetera Shop locations when looking for your summer resort wear or some new summertime accents for your home! Check  for our summer hours!